



Simon Langton Grammar School for Boys

Menu 6	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses	Sweet & Sour Chicken -o0o- Vegetables in Sweet & Sour Sauce (v)	Lasagne -o0o- Vegetarian Lasagne (v)	Sausages with Onion Gravy -o0o- Vegetable Sausages with Onion Gravy (v)	Roast Pork -o0o- Vegetable Kiev (v)	Beef Burger in a Bun -o0o- Homemade Pizza (v)
Vegetables	Boiled Rice Chinese Side Prawn Crackers	Green Salad <i>Garlic Bread</i>	Mashed Potato & Baked Beans	Roast Potatoes Carrots & Mixed Vegetables	Chipped Potatoes Spaghetti Hoops
Jacket Potatoes	Cheese, Tuna, Reduced Salt & Sugar Baked Beans – Green Salad				
Pasta	Chunky Tomato Sauce	Spicy Tomato Sauce	Tomato & Herb Sauce	Italian Tomato Sauce	Tomato & Basil Sauce
Desserts	Banana Waffle with Cream	Syrup Sponge with Custard	Chocolate Sponge with Chocolate Sauce	Apple & Rhubarb Crumble with Custard	Creamy Rice Pudding with Jam

