



Simon Langton Grammar School for Boys

# **YEAR 10 FRENCH EXCHANGE TO MURET (TOULOUSE)**

**15<sup>th</sup>- 22<sup>nd</sup> March 2019**

## **1. Flights**

a) Departure: Gatwick: 14.50 Easyjet 8335  
Leaving school: 10.30am.

b) Arrival: Gatwick 18.05 Easyjet 8336. Return to SLBS by coach.

## **2. Contact**

Group leader: Mr J. Waters. Mobile: **07895 458262**

## Itinerary March 15-22

Friday 15 <sup>th</sup> March <b>Packed lunch needed</b>	<b>Meet at Simon Langton Boys' School at 10.00am</b> , to travel by coach to Gatwick. Easyjet flight EZY8335 to Toulouse, departing at 14.50, arriving at 17.35, local time. Coach transfer from airport to the lycée. Students will be introduced to their French partners at the school, and will return home with them.
Saturday 16 <sup>th</sup> March Sunday 17 <sup>th</sup> March	Spent with host family
Monday 18 <sup>th</sup> March	Meet up at the lycée at 8am. Coach trip to Toulouse centre for guided tour of the Musée des Augustins (art gallery), Some free time for lunch, followed by guided walking tour of Toulouse city centre. Return to lycée by 17.00
Tuesday 19 <sup>th</sup> March	Meet up at the lycée at 8am. Excursion by coach to visit "Airbus 380" assembly plant at 9.30am, with guided tour. Afternoon in centre of Toulouse, sightseeing and shopping or cinema if wet. Return to lycée by 17.00.
Wednesday 20 <sup>th</sup> March <b>Suitable footwear needed</b>	Day trip to Pyrenees and Foix with the French students. Meet at Lycée at 8am to meet coach. Coach trip to Arnavé in the Pyrenees where students will do a walk of approximately 1 and a half hours. This will include a picnic stop with spectacular views. Afternoon excursion to the town of Foix, including visit to the castle and old town. Should the weather be unsuitable for the walk, a day trip to the ancient city of Albi will take place as an alternative, to include a walking tour of Saint-Cécile Cathedral, the Berbie Palace, the episcopal city, (old town) and the St Salvi Church and its cloister. Returning to Lycée by 17.00.
Thursday 21 <sup>st</sup> March	Meet up at the lycée at 8am. Day trip to ancient town of Carcassonne, by coach. This will include a trip to the castle and some drama (!) in this magnificent walled town. Returning to the lycée by 5pm.
Friday 22 <sup>nd</sup> March	Meet up at lycée at 8am. Morning to be spent in school participating in French lessons. Lunch at the lycée. Coach from Muret to Toulouse airport for Easyjet flight 8336 to Gatwick, departing at 18.05 and arriving at 19.00 (GMT). Coach transfer to Simon Langton Boys' Grammar School, arriving at approximately 9.00 pm.

**Emergency Contact While In France (Mr Waters): 07895 458262**

## ADDITIONAL INFORMATION

1. One piece of luggage to be checked in (23 kg max.) and one small piece of hand luggage.  
IMPORTANT: no liquids, sharp objects in your hand luggage.
2. PASSPORTS/ EHICS to be handed in by **Wednesday 6th March** at the **Finance Office**.
3. A **packed lunch** will be needed for the journey out.
4. Bring any medication you may need to take (teachers are not allowed to administer medication).
5. Bring some money in euros for your own expenses such as snacks, souvenirs/gifts etc. (e.g. £20-30).
6. Check the BBC weather website beforehand to help your packing. Weather can be very changeable at this time of year. You will need to include a waterproof, sensible footwear etc. Bring appropriate clothing that you can wear on the trip to the Pyrenees.
7. You will need an adapter to plug in electrical devices eg mobile phones.
8. To phone the UK landline from France, dial 00, then 44, then the UK area code without the leading 0 followed by the number that you are calling.
9. Teachers on the trip: Mr Waters, Mr Mattingly.
10. Mr Waters' contact number on the trip: **07895 458262** (make sure that you add it to your contacts beforehand).
11. Some tips to being a perfect guest:
  - Smile and greet people. Try to speak the language. Don't worry if you make any mistakes- you are there to learn!
  - Do not stay hidden in your room. Be prepared to take part in family activities.
  - Do offer to help with clearing the table, washing up....
  - Do keep your room or part of the room clean and tidy.
  - Take a small gift to your host family