



Simon Langton Grammar School for Boys

Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses	Sweet & Sour Chicken -o0o- Vegetables in Black Bean Sauce (v)	Lasagne -o0o- Quorn Sausages (v)	Sausages -o0o- Vegetarian Lasagne (v)	Roast Pork -o0o- Vegetable Sausages (v)	Crisp Battered Cod & Homemade Pizza
Vegetables	Boiled Rice Chinese Side Prawn Crackers	Green Salad Garlic Bread	Mashed Potato Onion Gravy Baked Beans	Roast Potatoes Carrots Mixed Vegetables Green Beans	Chipped Potatoes Garden Peas
Jackets	Served with Reduced Salt & Sugar Baked Beans, Low Cal Mayonnaise, Green Salad				
Pasta	Spicy Tomato Sauce	Rich Tomato Sauce	Italian Tomato Sauce	Tomato & Basil Sauce	Chunky Tomato Sauce
Desserts	Apple Crumble with Custard	Syrup Sponge with Custard	Chocolate Sponge with Chocolate Sauce	Blueberry Waffle with Cream	Chocolate Chip Shortbread with Custard

