



Simon Langton Grammar School for Boys

Menu 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses	Spaghetti Bolognese -o-o- Macaroni Cheese Bake (v)	Chicken & Pepper Fajita -o-o- Quorn Balls in Tomato Sauce (v)	Pork Sausages -o-o- Vegetable Sausages (v)	Roast Beef -o-o- Cheese & Onion Pasty (v)	Crisp Battered Cod & Homemade Pizza
Vegetables	Garlic Bread Green Salad	Jacket Wedges Mexican Beans	Mashed Potato Onion Gravy Baked Beans	Roast Potatoes Carrots & Garden Peas Mixed Vegetables	Chipped Potatoes Garden Peas
Jackets	Served with Reduced Salt & Sugar Baked Beans, Low Cal Mayonnaise, Green Salad				
Pasta	Spicy Tomato Sauce	Rich Tomato Sauce	Italian Tomato Sauce	Tomato & Basil Sauce	Chunky Tomato Sauce
Desserts	Apple & Rhubarb Crumble with Custard	Lemon Pancakes with Lemon Sauce	Chocolate Sponge with Chocolate Sauce	Summer Fruit Waffle with Cream	St Clements Sponge with Custard

