



Simon Langton Grammar School for Boys

Menu 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses Languages Week	Mandarin Sweet & Sour Chicken -o0o- Quorn Mince & Vegetable Chilli (v)	French Chilli Taco -o0o- Vegetarian Cassoulet (v)	Spanish Chicken Kebab -o0o- Vegetable Kebab Both served on a bed of Mixed Peppers (v)	German Honey Roast Gammon -o0o- Vegetable Nuggets (v)	Crisp Battered Cod -o0o- Homemade Pizza (v)
Vegetables	Boiled Vegetable Rice Chinese Side Prawn Crackers	<i>Green Salad</i> Cheese Jacket Wedges	Mixed Salad Patatas Bravas	Roast Potatoes Carrots & Garden Peas	Chipped Potatoes Baked Beans
Jackets	Cheese, Tuna Low Cal Mayo, Reduced Salt Baked Beans with Green Salad				
Pasta	Chunky Tomato Sauce	Tomato & Basil Sauce	Tomato & Herb Sauce	Spicy Tomato Sauce	Rich Tomato Sauce
Desserts	Toffee Apple Crumble with Custard	Black Cherry & Coconut Sponge with Custard	Chocolate Sponge with Chocolate Sauce	Apple Strudel with Cream	Rice Pudding with Jam

