



Simon Langton Grammar School for Boys

Menu 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Courses 16/3	Pasta Bolognaise -o-o- Quorn Mince Bolognaise (v)	Chicken Kebab -o-o- Vegetable Chili Taco Both served on a bed of Mixed Peppers & Onions (v)	Pork Steak with a Sage & Onion Crust -o-o- Vegetable Sausages (v)	Roast Beef -o-o- Vegetable Nuggets (v)	Crisp Battered Cod Or Southern Coated Chicken Strips -o-o- Homemade Pizza (v)
Vegetables	Garlic Bread Cheese	Mixed Salad Savoury Potatoes	Minted New Potatoes Green Cabbage Carrots & Garden Peas	Roast Potatoes Carrots & Mixed Vegetables Honey Roast Parsnips	Chipped Potatoes Baked Beans
Jackets	Cheese, Tuna Low Cal Mayo, Reduced Salt Baked Beans with Green Salad				
Pasta	Chunky Tomato Sauce	Tomato & Basil Sauce	Tomato & Herb Sauce	Spicy Tomato Sauce	Rich Tomato Sauce
Desserts	Banana Waffle with Cream	Steamed Jam Sponge with Custard	Apple Crumble with Custard	Chocolate Sponge with Chocolate Sauce	Creamy Rice Pudding

