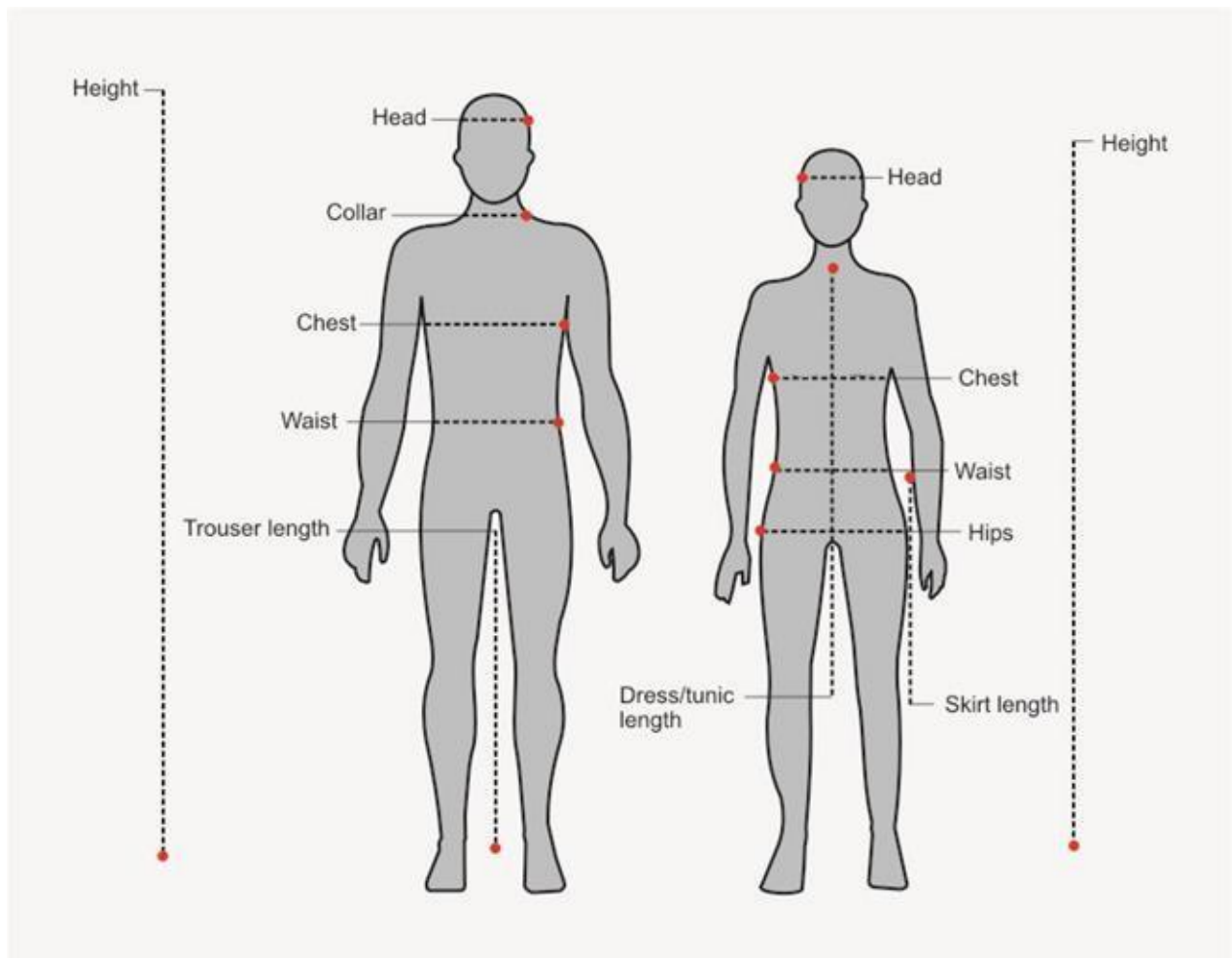


SIMON LANGTON GUIDE to MEASURING FOR SCHOOL UNIFORM

This simple guide has been developed with the help of School Colours, our new uniform supplier, to help parents decide what sizes to order as sizing facilities are suspended.

STEP 1 – Measure the chest (approx. 1 inch below armpits) and waist as indicated (in inches).



STEP 2 – Compare your measurements with the sizes in inches given below.

Important note: all the uniform sizes have some growth room built in. For example, if you order a 28" chest blazer, the actual chest size, as given in the table, is 32". Please follow the chest size you have measured for your son, not the actual chest measurement of the garment, when making your choice. A size will always measure between 3 and 5 inches more than the wearer's chest measurement.

Blazer sizes

Size (your son's chest measurement as you have measured it, in inches)	Actual blazer chest measurement, inches	Back length (top of collar to bottom of hem), inches	Top of sleeve to cuff, inches
26	30	23	19.25
28	32	25	21
30	34	26	22
32	36	27.25	22.5
34	38	28.5	24
36	40	28.75	24.25
36 long	39	31.5	26
38	42	29.75	25.25
38 long	42	33	26.5
40	44	30.75	26
42	46	31.75	26
44	48	31.75	26.25
46 - 50	+2	31.75	26.25

If the chest measurement is very close to a size and a pullover is to be worn under a blazer you may need to choose the next size up.

Reversible mesh rugby shirt

Size (your son's chest measurement in inches)	Actual rugby shirt chest Measurement	Back length	Sleeve length from collar
30-32	34	26	24
32-34	36	27	25.5
34-36	38	28	27
38-40	42	29	29
42-44	46	31	31

PE/rugby shorts

Size (your son's waist measurement in inches)	Relaxed waist	Stretched waist	Inside leg	Overall length
Small (22-26)	24	38	4.75	13.75
Medium (28-30)	27	41	5	15
Large (30-32)	30	44	5.25	16
XL (34-36)	33	47	5.5	16.25

NB The shorts have elasticated waists. 'Relaxed waist' is the waist measurement of the shorts when unstretched, ie the minimum size. 'Stretched waist' is the maximum waist size.

PE T-Shirt:

Size (your son's chest measurement, in inches)	Actual PE shirt chest measurement	Back length	Sleeve length from collar
Age 8-10 (28)	31	21.5	11.5
XS (30)	34	23.5	13
Small (32-34)	37	26	14
Medium (36)	40	26.5	15
Large (38-42)	43	28.25	16

Warm outdoor sports/rugby training top

Size	Your son's chest measurement (inches)	Actual training top chest measurement	Back length	Sleeve length from collar
Large youth (8/10)	28	34.4	20.8	18
X large youth (XS)	30	37.4	21.7	23.5
S	32-34	40	24	25.6
M	36	43	26	27.5
L	38-40	46	29	29.5
XL	42	48.6	30	31.5